



*You are cordially invited to attend the 21<sup>st</sup>  
Annual Norwalk Housing Foundation  
College Scholarship Awards Ceremony on  
June 19, 2019 at 6:00 pm  
Stepping Stones Museum for Children  
303 West Ave., Norwalk, CT*



## First-time Homebuyers Certification Program

**NHA Federal Public Housing and Federal Section 8 residents may qualify for mortgage subsidies for up to 15 years!**

Come to this FREE program presented by Bridge-



port Neighborhood Trust, to learn what's involved in becoming a homeowner on June 8<sup>th</sup>, 9:00AM – 5:00 PM. Take the confusion out of home-buying. You'll be guided step by step

through the process including reviewing your finances, determining how much you can afford, reviewing your credit, shopping for a home, obtaining a mortgage, preparing for the closing, and more.

*This popular class fills up quickly! Pre-registration is required, space is limited.* This program will be held at the NHA/CNI Field Office, 149 Water Street, 2<sup>nd</sup> Floor, Norwalk. Contact 203-838-8471 Nadine (x681) or Lisa(X188) and to learn the steps you can take TODAY to become a homeowner! Transportation available to NHA residents only with at least one-week advanced notice.

## Are you interested in a new career in the growing health care field?



Learn about FREE training at Southwestern CT Health Career<sub>x</sub> Academy. Offered through the WorkPlace,

some training opportunities include C.N.A., Pharmacy Tech, Patient Care Tech, Medical Billing and Coding, and more. Eligibility requirements are based on family income or those that have been unemployed (27 weeks or longer). **Pre-registration is required.**

Dates/Times: MONDAY, June 3<sup>rd</sup>, 10AM **OR** 2PM

**OR**

MONDAY, June 10<sup>th</sup>, 10AM

Place: NHA CNI Office, 149 Water St., 2<sup>nd</sup> Floor, Norwalk

Call 203-838-8471 X681 (Nadine) or Lisa (X188) to register for the information session.

## Need Extra Cash? Looking for Temporary Work?

### Come to Express Employment's Event!

Would you like to pick up some extra cash over the summer and beyond? Is it time for a new job or a career change? Meet the professionals at Express Employment and find out about the many choices they have for you. Express can connect you with warehouse work, office and administrative positions, help desk work, as well as professional accounting and sales positions, and much more. Temporary and permanent work options are available!

**July 9, 2019 at 1:00pm**

**NHA/CNI Offices, 149 Water St., 2<sup>nd</sup> flr. Norwalk,**

**Lisa Tella: 203 952 8308; Nadine: 203 838 8471, x 681**

# Keeping Families Together

Friday June 7<sup>th</sup>, 10AM – 11AM

The Southwestern CT Agency on Aging and Independent Living (SWCAA) is here to help you maintain and improve the quality of your life in the community. SWCAA can help you navigate options to help you or your loved one remain in the community *regardless of age*. Many services are provided free or at a sliding scale.

Join us for an information session conducted by SWCAA and learn more about:

- How people who are providing care for an individual age 60+ and reside in the community can **receive up \$3,500** through the National Family Caregiver Support Program. *(The caregiver does not need to be a relative or reside with the individual.)*
- CT Home Care Program as well as respite care program *and much more!*

This program will be held at the NHA/CNI Field Office, 149 Water Street, 2<sup>nd</sup> Floor, Norwalk. Contact 203-838-8471 Nadine(x681) or Emendya(X671) for more information and to reserve your space. Transportation available to NHA residents only with at least one-week advanced notice.

## Are You Ready To Get On The Bus That Can Change Your Life?

The Career Resources Career Coach Bus will be in South Norwalk on June 18<sup>th</sup>, from 1:00pm-3:00pm. The topic will be Social Networking in a job search. A Career Resources representative will be on hand to assist with your resume. If you are looking for ways to start, or reinvigorate, your search for a new job, then you won't want to miss this.



Save time and effort and avoid frustration while learning from an expert. Make this your best year and find the job of your dreams in 2019!

*PLEASE NOTE NEW LOCATION: Parking lot behind South Norwalk Community Center, 98 South Main Street, next to Ryan Park. Please call Lisa T. at 203-838-8471 X678 to reserve your spot.*

## Your Credit, Your Life

Do you feel lost when it comes to credit? Interested in Reducing your debt?

Join us for a free workshop on managing credit presented by Connecticut Association for Human Services / CT Money School.

- **FREE credit counseling**
- **Learn how to obtain and analyze your credit report**
- **Identify ways to build and repair your credit**
- **Start your journey to financial independence**

**Date:** Wednesday, June 12th

**Time:** 5:30PM-7:00PM

**Where:** NHA, CNI Offices, 2nd Floor

149 Water St., Norwalk, CT 06854

Reservations required, space is limited. Call 203-838-8471 X188 (Lisa) or X681(Nadine).

## Farmers Market at Norwalk Community Health Center is now open – Wednesdays 10AM – 3PM

The weekly Farmers Market at Norwalk Community Health Center is now open! Open to the public, the 2019 season runs weekly on Wednesdays, 10AM – 3PM at the Norwalk Community Health Center (NCHC) Parking Lot, 120 Connecticut Avenue, Norwalk CT 06854. The farmers market will run through Thanksgiving. **The farmers market accepts EBT/SNAP.** Through a grant from United Way of Coastal Fairfield County and Pepperidge Farm, NCHC is pleased to announce that it will again this year be boosting Farmer's Market patient purchasing power, making it easier to make healthy food choices. Additional Norwalk Farmers Markets that accept SNAP will be starting in July:

First Congregational Church on the Green, 3 Lewis Street – Saturdays 9AM – 2PM, and St. Paul's Church on the Green, Fridays, 10AM – 2PM



# LEARNING HOW TO MAK SLIME !

Every child wants to make slime these days and that's because it's just such a cool activity to try! Did you know that making slime is awesome science too. The STEM team wanted students to get more out of their slime making experience, and turned it into a science experiment and applied a little bit of the science method! Here's what happened:

- The students had to figure out a question they wanted to answer about the slime.



- They had to do some research.
- They gathered the supplies.
- The students conducted the science experiments.
- Gathered the data and looked at the results.
- Drew their own conclusion and saw if it answered their question!

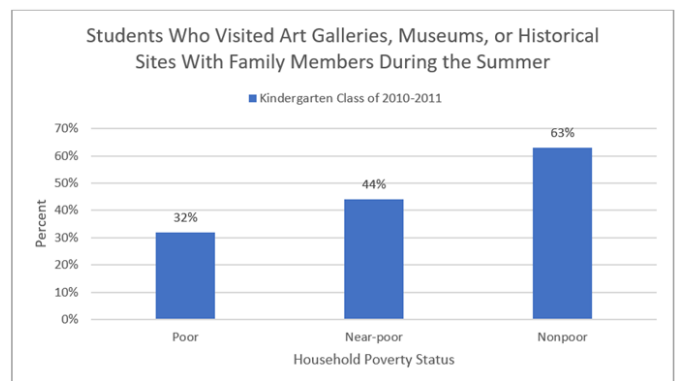
If you would like for your kid to become involved in STEM — science, technology, engineering and math later in life, start exposing them to fun science at an young age. It's never too early to get your kids interested in the world of science.



## Preventing the Summer Slide

This summer let's avoid the summer slide by keeping our students involved. Did you know research shows that reading just six books during the summer may keep a struggling reader from regressing? Students do not have to slip or slide during the summer. To be successful in school and life, children need continuing opportunities to learn. Summer Reading Club are a wonderful way to reminds kids that reading is for fun—as well as for learning. Below are several ideas to help avoid the summer slide.

- Read every day. Try reading together when possible.
- Make reading fun! Take your child to museums, parks, and other exciting places.
- Encourage your child to read 20 minutes every day.
- Unplug from technology
- Check the local Library for the summer reading schedule.



Source: National Center for Education Statistics.

## 4 Ways to Get Your Child Ready for Kindergarten

While some kindergarten-bound children feel anxious about the first day of school, many others can't wait to start. During the summer before they begin kindergarten, their feelings usually amplify, leaving parents wondering how exactly they should spend the last summer before school starts in order to prepare them.

### 1. Familiarize yourself with the school

Many schools offer opportunities for parents and students to tour their facilities, so take advantage of them. Some even offer a sort of "kindergarten training" the week before classes begin. Besides checking out the classroom, don't forget to visit other areas your student will be using, such as the cafeteria, restrooms, playgrounds, offices, etc.

### 2. Practice basic skills

A common fear among students and parents is that they simply aren't ready for school, no matter the grade. To combat these feelings, practice the skills your student will need now, from knowing the alphabet to being able to write his name to basic counting.

### 3. Learn independence

Having your child start kindergarten can make you feel a little overprotective and overwhelmed. You'll both need to learn to operate independently. For you, this will mean letting go a bit and helping her reason through things on her own. For your child, it will mean figuring out how to navigate situations without the immediate aid of a parent. To begin, practice solving problems at home by allowing your child to take an active role in the discussion.

### 4. Find joy in learning

Nurture your child's sense of wonder by making learning fun so he won't fear school. When you work together to find joy in the small steps of the academic process, you're fostering a lifelong love for learning. But remember that your student is still young coming on too strong will have the opposite effect.

June 24TH-August 15TH

2019

# SUMMER Program

Washington  
Village ④  
King Kennedy  
K-5th gr.

Roodner  
Court LC  
K-5th gr.

Meadow  
Gardens LC  
K-5th gr.

Colonial  
Village LC  
K-5th gr.

20 West LC  
middle &  
high school

**AGES 5-17**

**9:30am-2:45pm  
Monday-Thursday**

**Register NOW! 203.852.1144**

**games ~ art ~ cooking ~ beach ~ music ~ swimming ~ STEM  
~ movies ~ fieldtrips ~ literacy ~ breakfast/lunch ~ math ~  
and much, much more...**