



Thanksgiving Well Wishes

There is no time more appropriate to say thank you. May the good things of life be yours in abundance, at Thanksgiving and throughout the coming year.



Sincerely,
NHA Staff

FREE Books From Norwalk Reads!

4 Free Books for Each Child:
10:AM – 1:00 PM, Saturday, November 1st

Don't forget to take your children or grand children to get 4 free books each at the **NORWALK READS! Book Distribution, 10:00 AM – 1:00 PM, Saturday, November 1st**. There will be thousands of books to choose from and children who bring back their "passport" bookmark from a past distribution can get special prizes. Children can wear their Halloween costumes or dress-up as their favorite character. Books will be distributed at the following 5 locations: 1) **Colonial Village Community Center**; 2) **Meadow Gardens Community Center**; 3) **Norwalk Public Library Main Branch**; 4) **East Norwalk Library**; 5) **South Norwalk Public Library**. For more information call Carla Conway at 838-8471, ext. 176.



Consumer Outreach Initiative

The National Telecommunications & Information Administration (NTIA) in a consumer outreach initiative would like to educate the public about the upcoming digital broadcast television transition.

After February 17, 2009, all full-power television stations will broadcast only in digital. If a household use "rabbit ears" or a rooftop antenna with their analog television, they must take action to continue receiving television broadcasts. The Federal Government is offering U.S. households up to two \$40 coupons to help purchase converter boxes. A converter box will allow an analog TV to continue to receive television broadcast after February 17, 2009. The following website, <http://www.ntia.doc.gov/> provides information about how residents can apply for the program. Please share the information from this web-site with your residents.



Get Help for Your Dreams Through NHA'S Family Self-Sufficiency (FSS) Program!

This **EXCELLENT FREE PROGRAM** can help you achieve:

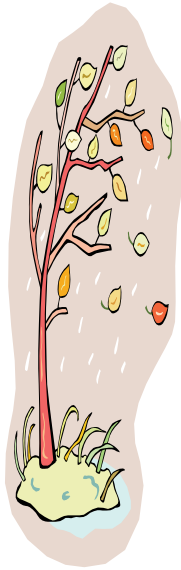
- Job Training & Placement**
- Financial & Credit Help**
- Higher Education**
- Home Ownership (with great Funding help)**

Due to popular demand the Public Housing FSS Program has only one slot open and Section 8 slots have all been filled. Both the Public Housing and Section 8 also have a waiting list for those that are interested in achieving their personal goals and self sufficiency. The **Family Self-Sufficiency (FSS) Program** is a voluntary five-year program that assists Public Housing residents and Section 8 participants in becoming financially self-sufficient and independent of subsidized housing. Each participant earns an escrow account that can be used towards the development of their goals upon completion of the five-year term. The FSS Coordinator will work one on one with motivated participants, helping them overcome barriers in order to reach their personal goals.

Program Orientation are conducted on the 2nd Thursday of every month. For information and registration call 203-838-8471 ext 135 or ext. 180.



Cooler Weather



Now that the cooler weather is here and the heating systems are running, there are a few things that we all could do to get the most out of our heating systems for the least amount of money.

1. Keep drapes and furniture away from the heating units. We have seen quite a few apartments where the drapes are hanging down in front of the radiators, and couches, dressers, chairs, desks, etc. are placed too close to the radiators. These things block the flow of warm air from the radiator and prevent the heat from reaching you. This is also dangerous to have fabrics and combustible materials touching radiators. We certainly do not want a fire! Please keep furniture about a foot away from heating units, and if you need the drapes closed please pin them up to the level of the windowsill so they do not block the heat.
2. Keep outside windows and doors closed. Cold air from outside will greatly affect the warm air in the apartment. Even a window that is opened a small crack can create a draft and make the room uncomfortable. Fresh air is wonderful, so if you need fresh air, take a stroll outside and keep the warm air inside.
3. Open your drapes during the day. On a bright sunny day, take advantage of the solar energy and open your drapes to let the sun do the work instead of your heating system. Just remember to close them again when the sun goes down.
4. Turn your thermostats down at night. When you are sleeping, you generally have blankets or comforters on and don't need the heat cranking all night. It's always nice to save a few bucks on our gas bills.
5. Wear a sweater. Many times all we need to do is to put on a shirt or sweater to feel comfortable. The money you saved on the gas bill you could buy a new sweater.
6. Keep the temperature fairly constant. Don't make drastic fluctuations in the temperature settings. When you leave for work or school, turn the temperature down but not off. It is easier for the heating equipment to heat a 60 degree room up to 70 than it is to raise a 50 degree room.



FOOD PANTRY OPEN!

98 S. Main St., NEON Building
CCA will be open from 9:30am – 12:00pm

Saturdays: November 8, December 13 & January 10

Extra Holiday Hours:

CCA will be open from 10:00am – 7:00pm on Tuesday, Nov.25 & Tuesday, Dec. 23. New clients welcome!
Please bring ID and proof of address.

DOES THIS SOUND LIKE YOU?

Are you 16 to 21 years old? Are you in need of a job or looking for a career training? Are you out of school?

EMPLOYMENT POSSIBILITIES

YouthWorks helps you train for a job that's in demand and fits you, **at no cost**. Choose from:

Customer Service Training, Hazwoper & Asbestos Removal Training, Bank Teller, Construction Laborer, Receptionist, Hazardous Material Removal Worker, Office Assistant, Customer Service Representative, Health-care Training, Computer Training, Home Health Aide, Data Entry, Certified Nursing Aide (C.N.A.), Desktop Publisher, Emergency Medical Technician (E.M.T.)

START YOUR FUTURE NOW!

YouthWorks helps young adults choose and prepare for a career. The program is tailored to meet the needs of each individual and include: Career Coaching, GED Preparation, Job Training and Placement, and Tutoring. All YouthWorks participants receive **FREE TRAINING**, comprehensive counseling and guidance, as well as ongoing support for at least 12 months by Youth Workforce Specialists. If this sounds like you call 203-838-8471 Guillermo, Bendana ext 135 or Emily Hartwell ext 180 at the Norwalk, Housing Authority for information and qualification requirements.

Want to Sharpen Your English, Job Hunting, and/or Financial Management Skills?

FREE Courses are being offered at the 20 West Avenue Learning Center - ESL and Job Skills on Mon.-Thurs., 7:00-9:30pm and Financial Management on Tuesday-Thursday, 7:00-9:30pm. All course materials will be provided and transportation can be arranged. Sign up and take advantage of opportunities for self improvement and growth!! CALL Nicole Gabriele at 838-8471 x184 for additional information.