Mobile Wellness Center to provide Mammograms in Norwalk, April 25th

On Thursday, April 25th, from 9AM – 3PM, Stamford Hospital’s Mobile Wellness Center will provide mammograms at the American Cancer Society, 38 Richards Avenue in Norwalk. Appointments are recommended, walk-ins are accepted. Private screenings are available on the coach (not wheelchair accessible). Insurance is accepted, check with your insurance company to ensure Digital Mammograms are a covered benefit. When calling for your appointment, please have the following available: Insurance information (if applicable), doctor’s name, address and phone number. Remember to bring a photo ID and insurance card to the coach.

Visit Mystic Aquarium or Seaport

SENIORS, come spend the day at Mystic! Reservations are required, space is limited.

- WHEN: Monday, April 8, 2013
- BUS LEAVES: 9:30 AM from Irving Freese
- BUS RETURNS: 4:00 PM
- Cost: $27.00 for Aquarium and $22.00 for Seaport

For reservations contact: Evelyn Caraballo at 203-838-8471, extension 180.

REGISTER YOUR VEHICLES OR BE TICKETED OR TOWED

NHA Residents living at the following developments are required in their leases to register their cars in order to park in the on-site parking lots: 20 West Avenue; Chapel Street; Fairfield Avenue; Irving Freese; John Shostak; King Kennedy; Leroy Downs; Ludlow Village; Main Avenue; Meadow Gardens; Roodner Court; Seaview/Fort Point; School Street; Senior Court; Washington Village. If you do not register your car, your car may get towed. To register your car, you must bring to the NHA front desk the following 3 documents: 1) your driver’s license; 2) vehicle registration; 3) insurance. All documents must be current and in your name. At the front desk you must fill out the vehicle registration application form. Partial Applications will no longer be accepted and placed on hold. You must bring all 3 proper documents at the same time.

Health Care Careers

Are you interested in a new career in the growing health care field? Learn about FREE training at Southwestern CT Health Career Academy. Wednesday April 10th, 10:30 AM – 12:30 PM, at Leroy Downs Community Room, 26 Monroe St. Offered through the WorkPlace, training opportunities include C.N.A., Phlebotomy, E.M.T., Pharmacy Tech, Radiation Therapist and more. Eligibility requirements are based on family income or those that have been unemployed (27 weeks or longer) and have a high school or GED Diploma. Pre-registration is required. For additional information or to register, call Lisa Roger at 203-838-8471 ext. 188 or Guillermo Bendana at ext. 135.
Want to OWN your own HOME?

You can do it!

Like Sondra Henry and Amy Huertas, you, too, can work towards homeownership and have your mortgage subsidized for 15 years if you qualify! Come to this FREE program presented by Money Management International (a member of the National Foundation for Credit Counseling) to learn what’s involved in becoming a homeowner on Saturday, April 27th, 9:00AM – 6:00PM, at LeRoy Downs, 26 Monroe Street. This workshop will take the confusion and uncertainty out of home-buying and guide you through the process, step by step. Topics include reviewing your finances, determining how much you can afford, reviewing your credit, shopping for a home, obtaining a mortgage, preparing for the closing, and more. Pre-registration is required, space is limited. For additional information or to register, please call 203-838-8471 X180 (Evelyn) or X135 (Guillermo).

Upcoming Job Fairs

Save the dates! The following job fairs are open to the public and provide an opportunity to meet companies hiring in the region:

- Wednesday April 10th, 1PM – 4PM, NEON-Stamford, 34 Woodland Avenue, Stamford
- Thursday April 11th, 1PM – 4PM, Ben Franklin Center, 168 Flax Hill Road, Norwalk

Employment Tip of the Month – Useful Websites for Older Job-Seekers

www.careeronestop.org – The One Stop Career Center website has links to information on job searches, resumes, interviewing, education and training.

www.aarp.org/work/job-hunting -- AARP offers advice and information for older job-seekers.

www.doleta.gov/seniors -- This website describes the Senior Community Service Employment Program (SCSEP), a community service and work-based training program for older workers.

Reasonable Accommodations...

NHA is required by law to take reasonable steps to make apartments accessible for residents who have a disability. If any member of your household is disabled or becomes disabled and needs some accommodation or modification of the apartment NHA’s policies, please bring it to our attention. We want to make sure that residents with a disability are treated fairly and have the same positive experience as other residents, and we need your help in meeting this goal. Call Sheri McCready, 504 Coordinator at 203-838-8471 ext. 137.

ARE YOU DUE A TAX REFUND?

Even if your 2012 gross income was low enough that you don’t have to file a tax return, it’s a good idea to file anyway. You may be due a federal income tax refund for 2012 because of state and federal earned income tax credits or refundable child care credit.

Receive your tax refund faster by filing online and have your refund electronically transferred to your bank account. Have your income tax prepared at one of the free tax preparation sites, and you don’t have to pay the $20 to file! Free income tax preparation is available through mid-April at:

- Norwalk Community College, 188 Richards Avenue, Rooms W135 and W138 from 10:00 AM – 3:30 PM on Saturdays (walk-ins only), closed 3/30/13
- NEON, 98 South Main Street, 5:00 PM – 8:00 PM on Mondays and Wednesdays
- Norwalk Public Library, Belden Avenue from 2:30 PM to 8:00 PM on Thursdays; and from 9:00 AM – 1:30 PM on Saturdays.
- South Norwalk Library, from 3:00 PM – 8:00 PM on Tuesdays; and from 9:00 AM – 1:30 PM on Saturdays.
- First Congregational Church on the Green from 9:30 AM – 2:00 PM Tuesdays;
- Norwalk Senior Center from 9:00 AM – 1:30 PM on Fridays by appointment (call 203-847-3115)

Accuplacer Test on April 2, 2013 at NCC for High School Juniors

Norwalk Housing Authority (NHA), Norwalk Public Schools (NPS) and Norwalk Community College(NCC) have partnered to offer an opportunity for NHA students who are in the 11th grade to take the accuplacer test on April 2, 2013 @ 3:00pm at NCC. NHA will provide transportation to and from the testing session. This test is extremely important since it will provide juniors with information on their current academic standing in Math and English. This information can help with planning senior course selection for being prepared to go to college. To registered for the test contact Patricia Marsden-Kish at 203-838-8471, ext. 184.

Quality Healthcare You Can Count On!

The Day Street Community Health Center provides a wide range of services for our patients to meet their health care needs. One very important service we recently started offering is podiatry. CHC podiatrist can help patients with problems, such as foot infections; toenail problems; foot pain; diabetic foot care and foot checks; and more. Getting the health care you need has never been easier! Come visit us at 49 Day Street in South Norwalk, where our staff will be glad to address all of your health care needs. You can reach us by phone at (203) 854-9292, on the internet at www.chcl.com, or by dropping by our office.
NEW HOURS for NHA Learning Center’s Begin April 1st.
The new hours of operation will be from 3:00pm to 6:00pm Monday through Friday. All students MUST be picked up by 6:00pm. The Center will also be closed when Norwalk Public Schools are closed due to inclement weather.

20 West Students Make the Honor Roll

The students arrived at the center, they took off their hats and headed to the computer room. The day was different because instead of jumping on the computers, many of them rushed to my desk and said “Miss Tiana I made the honor roll!” They handed me their certificates with pride and wonderment. The students were excited to have their awards mounted on the “Honor Roll” bulletin board. The awards show their hard work, diligence and dedication to their studies. We hope our recognition of their achievements builds an intrinsic motivation in all of the students to strive for excellence. Back to front: Alex Membreno, Clyfford Simeon, Kyana Canino, Marco Flores, Terry Bein-Aime and Angelica De Los Santos please keep working hard because it leads to success!

Peer Outreach Program For Middle Schoolers

The New Peer Outreach Program is an interactive prevention program open and free to 6th, 7th and 8th grade students in the City of Norwalk. This unique program offers group discussions on topics of interest to teens:

- Life Skills
- Self – Awareness
- Peer Relationships
- Substance Abuse
- Motivational Exercises
- Exciting Team Building Activities
- Past Guest Speakers have included: Former gang member, Family living with HIV, Animal Embassy, Internet Safety Concepts, to name a few.

As a member you will have the opportunity to assist in the program activities, as well as planning of discussions, special events, and field trips. To register call Jasen Getner, Coordinator at 203-854-7788.

CONGRATULATIONS STUDENTS OF COLONIAL VILLAGE…We’ve done it!
The staff at Colonial Village are pleased to announce that once again, students at the Colonial Village Learning Center have ranked in the top third in the state of Connecticut on Ticket to Read. Samuel Serna (front left) ranked #1 and Louikenson Paul (top left) ranked #2 in the state. Ticket to Read is an excellent online source that help students with reading comprehension.

FREE SUMMER TRIP TO LONDON!
Interested High School Juniors who want to go to London this summer need to contact Carla Conway at 203-838-8471, ext. 176. Applicants must be current high school juniors and a NHA resident with a GPA of 3.0 or better. Last year, Ezequiel Romero from Meadows Garden was selected to experience London in all its splendor.

Ball Anyone? Students Play Basketball Inside Washington Village

NBA Math Hoops is an awesome educational game that instantly gained popularity at the Washington Village Learning Center. With NBA Math Hoops, students use real-world NBA and WNBA player data on specially designed player cards to compete against classmates in basketball games. The game is just like a real basketball game; teams race against the shot clock to do math correctly for a chance to take a shot with a member of their personally drafted team of NBA and WNBA players. This game comes complete with actual player shooting percentages! The game takes about 10 minutes to learn in a hands-on setting, and it is fun.

Maika Sylvestre’s beautiful smile is an indication that it is GAME TIME!
Money Smart College Decisions

Many for profit schools promise students easy payment terms but lock them in to high long-term debts for programs that can be obtained from lower-cost community colleges and 4-year colleges that offer special programs. Contact Carla Conway about careers and programs you would like to take before locking yourself into a for-profit school contract that you may regret.

NHF Scholarship Application Available

Contact Carla Conway to get on the application list so you can learn of other scholarships at 203-838-8471, ext. 176. Free help with applications and essays is available at NHA’s 20 West Learning Center. Call Wendy Gerbier at 203-852-1144 ext. 103.

FAFSA Deadline is June 30th, 2013

The Federal Award is up to $5,550 and is income based. If you get the State Award, that will be deducted from the Federal Award. The largest award is $5,550.

Housing Authority Insurance

Group Scholarship

All public housing and section-8 residents who have over a 2.0 GPA and have lived in NHA subsidized housing for over 1-year may apply. Applicants will submit their own applications but must have a resident verification statement from NHA. Winners are selected through lottery. Applications can be found at: www.housingcenter.com/riskcontrol/scholarship.aspx

Best Buy Partners With Meadow Gardens Learning Center

This month’s highlight is a very valuable and special honor for the Meadow Gardens Learning Center. Best Buy’s Engagement Team with the help of Jovante Ramos and Greg Riley generously donated a brand new 46” Toshiba Television to the Meadow Gardens Learning Center! Jovante Ramos, is a former student that Mr. Greg Riley mentored as a young child growing up at NHA’s Samuel Roodner Court. Jovante is a current employee at Best Buy in Norwalk and is part of the Best Buy Engagement Team. The Best Buy Engagement Team is newly formed and is seeking to network with nonprofit organizations to become more involved in the community and of course become a corporate sponsor of an organization by making donations and volunteering their employees. The Meadow Gardens Learning Center was the Team’s 1st community project.

The Restaurant Project

Students at the King Kennedy Literacy Center selected “The Restaurant Project” for their Project Based Learning. This venture involves creating a pseudo “Restaurant”. Business plans, menus, décor, model construction, budgeting, marketing, translating, and historical research are just some of the topics the students are examining. Facets of the Public Schools Common Core State Standards are integrated in the entire project. The students, along with their teachers will display and present this final project at the Connecticut Afterschool Spring Conference in April.

Drug Tip Hotline

Illegal drugs are a major problem in our country. The Norwalk Housing Authority is no exception. If you know of any illegal drug activities, please text the Drug Tip Hotline at 274637 keyword NPD or email norwalkpd.com. ALL INFORMATION IS TOTALLY CONFIDENTIAL.

Empowering Parents to Help Their Kids Succeed!!

Kids with dyslexia, ADHD, and other learning disabilities are as intelligent as others, and often have great strengths—but they learn differently. If your child, or a child you know struggles with learning or attention issues, this website is for you. Go to http://www.smartkidswithld.org.

April 2013 MOMMY & ME Calendar

Mondays

South Norwalk Public Library, Mostly Mother Goose, 10-10:45AM, Story time for 2 yr olds, Contemporary & Interactive Stories, Music, Finger-Plays and Movement.,10 Washington Street, S. Norwalk, CT.

Tuesdays

ART/Story time, 12:00pm-1:00PM, Bilingual Spanish & French; at Roodner Court Learning Center, (Weekly Snack/ Raffle/Prizes), Norwalk, CT.

Wednesdays

Stepping Stones Museum, 11-12:30PM, Stepping Into Senses, Learning Colors, Textures & Shapes, Birth - 3, 303 West Avenue, Norwalk CT.

Thursdays

South Norwalk Public Library, 11-12PM, Mini Musicians, Singing, Dancing & Musical Stories. Ages 3-5, 10 Washington Street, S. Norwalk, CT.

For details contact Ms. Autier the Early Childhood Program Coordinator at (203) 644-4720 or acraft@norwalkha.org, to reserve tickets/schedule transportation. Space is limited. Children 0-4 years old are eligible but must be accompanied by a parent/guardian.