

# **NHA News**



Volume 6, Issue 2

### **Snow Removal**

- NHA applies salt to the roadways when the snow/ice begins to adhere to the surface of the road.
- Once there is approximately two (2) inches of snow on the road surface the plowing starts.
- NHA is broken up by development for snow plowing with vehicles assigned to each development. Depending on the depth of the snow and rate of the snowfall it is possible that a resident may only see a plow once in a six or seven hour period. This usually occurs during a snowfall event when eight inches or more accumulate.
- It is important to know that a snow plow pushes the snow, they cannot remove it. As the plow pushes the snow off the roadway it creates a windrow (mound of snow) off to the side of the road being cleared. Unfortunately, this snow is going to end up on or in front of driveways, sidewalks and behind vehicles.
- Once the snow storm ends the road clearing must continue. This process will push snow further to the curb.

In the event that bad weather is approaching and there is a medical necessity in your household, such as a dialysis, please let Barbara Antzoulis know at 203-838-8471 ext. 139; this does not include normal doctor and/or dentist appointments.

### **Proper Disposal of Needles/Syringes**

The CT Bureau of Waste Management recommends that before disposing of used needles/ syringes in regular household trash, home users properly package them by:

- Placing syringes in rigid, puncture-resistant, opaque containers, such as bleach or liquid detergent bottles;
- Labeling the containers with the words "Do Not Recycle" and "Sharps"; and
- Securely sealing the containers with heavy-duty tape.

Your immediate attention to the proper disposal of needles/ syringes is appreciated to protect residents and NHA Staff!

#### Save the date, March 17th!

Families tend to be emotionally healthy and successful when then live in a home environment that is positive. Clear communication and positive conflict resolution are key elements in creating and maintaining a safe place where all members of the family feel comfortable and the needs of each person in the household are met. Come to, "It's All in the Talk: Steps in Creating a Healthy Home", presented by the Domestic Violence Crisis Center. Details to follow in the next newsletter, or contact Sandra-Ann Nolfo, 203-838-8471 x181.

### Every dime, Every time!!

Be sure to report every dime, every time! Whenever there is an increase income, you must notify NHA within 15 days to insure you are in compliance with your lease. This is for all members of the household. Any questions, contact your Occupancy Specialist!

## The Secret of Parenting for Parents Pre K -Grade 5

Author of the bestselling, "Get Out of My Life, but First Could You Drive Me and Cheryl to the Mall?" Dr. Anthony Wolf will be at Naramake Elementary School, 16 King St., on **February 3, 2011 to conduct this seminar.** Dinner will be served at 5:30pm and the workshop begins at 6:00pm. For questions or to register call 203.899.2900 x151. For a ride to this event, call Barry Dancer at 203-852-1144 ext. 123.



## Dial 2-1-1 for Heating Assistance

If you are struggling to keep your home heated, turn for help to the United Way 2-1-1, Connecticut's toll-free information and referral ser-

vice. It can help families understand their options and get connected to resources they need. Dial 2-1-1 or visit our online <u>e-library</u>. United Way 2-1-1 operates 24 hours a day, every day of the year.

### 2011 - 2012 Roodner Court Election Results

On January 5, 2011, Roodner Court residents participated in elections held for the Residents Council. The newly elected officers for Jan. 1, 2011 – Dec.31, 2012 are:

President: Thomasina McClendon Vice President: Deidra Davis

Corresponding Secretary: Liza Ramos

Treasurer: Tenoi Davis

Secretary: Amy Zamora

Assistant Treasurer: Kristina McClendon Officer-At-Large: EbonyJoy Gordon

Congratulations to the new officers!

# APPLY FOR NHA COLLEGE SCHOLARSHIP Awards of up to \$8,000 per student

The NHA Scholarship application is available at 24½ Monroe Street or email Carla Conway for a copy at <a href="mailto:conwa@norwalkha.org">conwa@norwalkha.org</a>. Submission Deadline is April 15. Scholarships are for full-time students only. You must be a NHA Public Housing



resident for 1 year and be in good standing to qualify. It is preferred that you have a 2.0 GPA for high school students or a 2.5 GPA for continuing college students.







## 2011 Early Childhood Winter/ Spring Programs

**Stepping Stones Museum** Play Day Visits on Mondays from 10-30am to 11:45am now through March 7<sup>th</sup>, 2011.

**Pre-school Drama & Art Classes** on Tuesdays from 11:00am–1:45am at the Washington Village Learning Center now through March 9<sup>th</sup>, 2011.

Stepping Stones Movers and Shakers Class on Thursdays from 11:00am - 12:15pm, beginning Jan 27<sup>th</sup> through Feb. 24<sup>th</sup> 2011

Early Childhood Field Trips on Friday's include:

Sono Library Early Childhood Programs
Parent Empowering Classes

Fox Run School: Parent As Teachers
Parent and Child Literature Group

Barnes & Nobles Mommy and Me Group, and other local Early Childhood programs. Scheduled field trip visits to be announced one week in advance. Hurry and call Ann Prince at (203) 803-6437 for a registration form.

## Courage to Speak Courageous Parenting 101 in Spanish

The Courage to Speak® Foundation is offering training for new facilitators to teach *Courage to Speak - Courageous Parenting 101*™ in Spanish. Applicants fluent in Spanish may now train to teach this course to parents whose primary language is Spanish. The Foundation will train parents in their communities, schools, youth and civic organizations and other forums. To become a facilitator for Courage to Speak- Courageous Parenting 101™ call 1-203-831-9700 or e-mail gkatz@couragetospeak.org or visit the website at www.couragetospeak.org

# Soup Nights at NHA Senior Complexes!

Come join us for a delicious and nutritious meal the last Wednesday of each month at a senior complex. Elaine Wil-

liamson will be providing her culinary expertise and NHA staff will volunteer to help host the events. The first soup night will be on January 26, 2011 at 5:30pm at the Leroy Downs complex for those residents. Letters will be sent out in advance with RSVP instructions for each senior complex thereafter. On February 23, 2011 the soup night will be at 20 West Ave. at 5:30pm.

B.Y.O.B.= Bring Your Own Bowl!

# Do you have what it takes to be your own Boss? Do you want to start your own business?

Free "Exploring Entrepreneurship Seminar" on February 7, 2011 from 5:30pm-7:30pm in the Leroy Downs Community Room, 26 Monroe St. Contact: Sandra-Ann Nolfo for details or to register for the seminar at 203-838-8471, ext.181. The deadline for registration is Tuesday, Feb. 3<sup>rd</sup>. This is a free seminar and a light supper will be served.

### **FREE Tax Preparation Services available!**

Households earning less than \$49,000 may be eligible to save \$150 in tax preparation fees through VITA's free tax preparation service, provided by IRS-certified volunteers. Norwalk tax sites include NEON, Inc., NCC, and Mutual Security Credit Union. Site hours and scheduling vary; interested residents should dial 2-1-1 or visit <a href="www.irs.gov">www.irs.gov</a> for site-specific information.



## Are You Having Problems With Your Heat?

Using your oven at anytime to heat your apartment may create dangerous conditions. If you are having problems with your heat, call our Maintenance Dept. at 203-838-8471 ext. 139 and we will see that the problem is addressed. If you smell gas call Yankee Gas immediately at 1-800-989-0900.

## Help & Money for College Bound High School Seniors

On January 30 at Norwalk Community College there is FAFSA (Federal Aid for College) help available and a chance at a scholarship for graduating high school seniors. College Goal Sunday will take place from 1:30-4:30 PM. High School Seniors and their families need to bring the following documents to help complete the form: 1) photo ID (driver's license if you have it) 2) latest tax returns (both parents/guardians if you live at home); 3) current bank statements; 4) current welfare or TANF documentation; 4) any other financial documentation you think might be necessary; All information is kept private and is needed for FAFSA to make a decision as to how much Financial Assistance a student qualifies for. You can go online to register and get more information about what to bring at <a href="http://www.collegegoalsundayct.org/">http://www.collegegoalsundayct.org/</a>. For additional information about the event call NCC at 203-857-7023.

## Columbus Magnet School & Jefferson Science Magnet School Lottery!

Columbus Magnet School and Jefferson Science Magnet School will be conducting lotteries for their schools. Applications can be downloaded from <a href="https://www.ggogle.com">www.ggogle.com</a>. Type in "Columbus Magnet School Lottery,

Norwalk, CT" and look at the third item down and click. An application is attached to this link for both schools.

