Washington Village Residents Needed for Relocation Plan

A Relocation and Re-Occupancy Plan is being drafted for Washington Village and resident input is needed. NHA is seeking volunteers to act as a preliminary review committee to review the draft plan and make suggestions. The revised draft will subsequently be provided to all Washington Village residents for review and comment. So far three residents have volunteered to review the Plan. If you are interested in assisting with the early review contact Nadine Delcin at the CNI Field Office at 114 Water St. (203) 838-8471, ext. 681 between 9:00am and 2:00pm or ndelcin@norwalkha.org.

Construction Starts This Fall

The first phase of the Washington Village redevelopment is scheduled to break ground this fall. The goal is to complete the ten unit building on the vacant lot at 13 Day St. and the 70-unit building at 20 Day St. by the end of 2017. Development partner Trinity Financial is in the final stages of selecting a general contractor who will begin recruiting interested and qualified residents for construction jobs later this year. NHA residents interested in construction opportunities can utilize a new Capacity Building Program that has been created to prepare Housing Authority residents for construction jobs later this year. NHA residents interested in construction opportunities can utilize a new Capacity Building Program that has been created to prepare Housing Authority residents for construction jobs later this year. NHA residents interested in construction opportunities can utilize a new Capacity Building Program that has been created to prepare Housing Authority residents for construction jobs later this year.

Do you suffer from High Blood Pressure? FREE Screening available!

Looking to live a healthier lifestyle? In partnership with the Riverbrook Regional YMCA, NHA is hosting a Blood Pressure Pre-Screening to start off our Self-Monitoring Program which will include the following:

- Personalized assistance from a Healthy Heart Champion
- Tips for maintaining cardiovascular health
- Learn how to better manage your blood pressure
- Heart Healthy Nutrition Education...and so much more...

Stop by September 8th and 27th; October 6th and 25th anytime between 4pm and 6pm at NHA Choice Neighborhood Office, 149 Water St., 2nd floor, Norwalk, CT 06854. Call NHA to reserve your spot today, 203-838-8471 Nadine(x681) or Marie (x186). All first timers will receive a FREE pedometer! Come three times and receive your very own FREE blood pressure cuff!

Standard Maintenance Charges Effective 4/1/2016

Due to the cost of materials and labor, the Housing Authority of the City of Norwalk adjusted the charges for materials and services rendered to the residents of its housing developments. When it is a "resident negligence or abuse" as determined by Maintenance. All services by outside contractors (Plumber, Electrician, A/C-Heat Contractors) will be billed to the resident if there is negligence or abuse which includes plumbing stop ups. Go to norwalkha.org and click on Maintenance Requests and then click on the link at the bottom of the page that reads NHA Maintenance Charges. To request a copy for the development you live at contact Barbara Antzoulis at (203) 838-8471 X 124 or bantzoz@norwalkha.org.

Do You Have $160.00 To Send Down the Drain?

Residents must have an NHA vehicle registration sticker to park in any NHA parking lot or the vehicle is subject to being towed. Stickers must be displayed on the front windshield bottom left hand side. Towing enforced for vehicles parked in the fire lane. Must have a NHA parking sticker and a state handicap tag to park in a handicap space. Stickers are available at NHA, 24 ½ Monroe St., Norwalk, CT. Please see Ms. Raquel James. You must provide the following information when you come in:

- Registration
- Insurance
- Driver’s License

Any questions/comments please feel free to contact Raquel at 203-838-8471 ext. 138.

Identity Theft Protection Workshop

The fastest growing crime in the US is identity theft. Every year, victims are scammed of their money through fraud. Join Money Management International, a full-service credit counseling organization, for this FREE workshop. Don’t be a victim! Learn how to protect yourself and your assets from thieves who can steal your information; recognize the tricks of a con-artist; understand the tell-tale warning signs of a scam. A workshop will be held on September 22nd from 5:30PM – 7:30PM at the 149 Water Street, 2nd floor, Norwalk, CT 06854. Call to reserve your spot today, 203-838-8471 Marie (x186) or Nadine(x681).
HIRING OPPORTUNITY!

Looking for part-time work for some extra spending money? Maybe you’re saving up for something special. Looking to get your foot in the door or restart employment? Walmart has several part-time employment opportunities available. Some part-time positions include: cashier, overnight, electronic associates, sporting goods associates, garden center, toys, customer service, claims and returns (4am – 1pm) and more! Contact 203-838-8471 X 188 (Lisa) by September 2nd for information on an upcoming information/application session.

Learning Skills for Life: Bartenders Academy offered by DIAGEO

Job Readiness Training & Internship Program on Monday-Friday,
6-week Program includes
4 weeks of classroom training + 2 weeks (20 hours) of internship

Complimentary Program

- Pre-registration required
- Must be unemployed or underemployed to qualify
- Must be a minimum of 21 years old participate
- Pre-screen and background check required
- Must complete 4-week classroom training and 2-week internship

Must be available for classes Mondays through Fridays, 10AM – 2PM, October 17th through November 11th. Interested residents must respond to Lisa Roger at 203-838-8471 X 188 by September 2nd for classes starting October 17th.

Interested in a New Career in the Growing Health Care Field?

Learn about FREE training at Southwestern CT HealthCareRx Academy. September 14th, 5:30PM – 7:00PM, at CNI Office, 149 Water St., 2nd floor. Offered through the WorkPlace, training opportunities include C.N.A., Phlebotomy, Pharmacy Tech and more. Eligibility requirements are based on family income or those that have been unemployed (27 weeks or longer) and have a high school or GED Diploma. Some starting salaries are $16 per hour after 8 days of training. For additional information or to register, call Nadine Delcin at 203-838-8471 ext. 681 or Marie Juleau at ext.186.

FAIRFIELDCOUNTYJOBS.COM

JOB FAIR


Date: Tuesday, September 20, 2016
Time: 3:30PM – 6:30PM
Location: Norwalk Inn and Conference Center

Employment Tip of the Month:

Check out CT’s Employment Websites

Looking for employment? Check out Connecticut’s Department of Labor Employment exchange, www.cthires.com. You can create your own account, search for jobs manually, or set up employment search criteria that will email you opportunities that match what you are looking for. This web page contains a link to career assessment tools and skills required for a multitude of occupations.

Roofer & Carpenter Needed

NHA will soon be selecting a contractor to replace all roofs in Roodner Court buildings. Through HUD’s Section 3 regulation, a hiring preference given to qualified NHA public housing residents.

The selected contractor will need one roofer/carpenter for this assignment five days per week, and occasional weekends, from September through December, and will be conducting interviews of qualified candidates.

This is a physically demanding assignment – there are no elevators at Roodner Court! If you’re interested, please bring or mail your resume to: Norwalk Housing Authority, 24 ½ Monroe Street, Norwalk CT 06854, Attention: Lisa Roger. Applications are also available at the Monroe Street office.

Want to OWN your own HOME?
You can do it! First-time Homebuyers Certification Program

Come to this FREE program presented by Bridgeport Neighborhood Trust, to learn what’s involved in becoming a homeowner on Saturday October 15th, 9:00AM – 5:00 PM, at NHA Choice Neighborhood Office, 149 Water Street, 2nd floor, Norwalk, CT 06854. This workshop will take the confusion and uncertainty out of home-buying and guide you through the process, step by step. Topics include reviewing your finances, determining how much you can afford, reviewing your credit, shopping for a home, obtaining a mortgage, preparing for the closing, and more.

Pre-registration is required. space is limited. Contact 203-838-8471 Marie (x186) or Nadine(x681) and to learn the steps you can take TODAY to become a homeowner!
With Every Heartbeat is Life

Want to have fun while learning about good nutrition, a healthy lifestyle and how to reduce stress? Sign up for the Norwalk Choice Neighborhoods Wellness Program. Six sessions, twice per month through November. Classes are 5:00pm-6:00pm. September class dates are Thursday, September 8, 2016 and Tuesday, September 27, 2016. All classes will be held at CNI field office 149 Water Street, 2nd floor, Norwalk. Pre-Registration is required: Call NOW, Nadine 203-838-8471 X681. NHA participants only will be eligible to join the Frequent Rewards Program and receive FREE PRIZES.

Youth Mental Health First Aid Course

Learn an action plan to:

- Gain confidence reaching out to youth facing mental health challenges/crises
- Connect youth to appropriate professional, peer and self help
- Reduce stigma surrounding suicide and mental health topics

Youth Mental Health First Aid is an 8-hour certification course that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds an understanding of the importance of early intervention and teaches how to help an adolescent in crisis or experiencing a mental health or substance use challenge.

- Where: 8:00am-1:00pm on Oct. 19th & 20th
- Where: 149 Water St., Norwalk CT 06854
- Cost: $20/participant

For more information, contact Anna Nouzovsky at anouzovsky@health360.org or (203) 758-1110 X 10.

FREE NUTRITION CLASSES

The Regional Riverbrook YMCA in collaboration with Norwalk Housing Authority is offering free nutrition classes for all those interested in learning how to live a healthier lifestyle, including: how to manage weight, healthy food choices, managing cholesterol, high blood pressure, diabetes; staying motivated; and so much more... Join us TUESDAY 5PM – 6PM, September 20th and Tuesday 5PM – 6PM, October 18th. Call NHA to reserve your spot today, 203-838-8471 Nadine (x681) or Marie (x186).

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**Students Visit Family Art Collection**

20 West art students have had an array of exciting arts enrichment opportunities, including taking part in several Norwalk festivals promoting the arts, meeting local artists, participating in art contests, and continuing their hard work administering SoNo Public Art Walking Tours. While all this has been very fruitful, one event that stands out in both its uniqueness and cultural exposure, is the students’ visit to the private home of Susan and Steve Wallerstein for a delightful lunch and a tour of their personal art collection. Susan is the chairwoman of the Norwalk Arts Commission, and Steve was an art teacher for 35 years and is now a practicing artist creating sculptures and jewelry out of his home studio. Upon their visit, students were given a personal tour of the extensive Wallerstein art collection including an array of pieces acquired during their many years of local art support and friendships with artists. These pieces also included Steve Wallerstein's own works of art. To highlight this tour, students were invited into Steve's personal art studio and given a demonstration on how to weld sculptures in the same fashion that Steve does. This visit concluded with a lunch, hosted by the Wallersteins, where students were given the opportunity to ask questions and discuss their favorite pieces of art from the collection.

![Steve Wallerstein works on one of his masterpieces in his workshop.](image)

**Music Soup Bowl**

20 West Ave. student Brianna Green reads a poem she wrote during the Music Soup Bowl performance, which included several students from the center.

**NHA Welcomes New Media Coordinator & Videographer**

Ariane K. S. Rasmussen has joined the Norwalk Housing Authority as the new Media Coordinator & Videography Educator. Mrs. Rasmussen grew up in Bridgeport, Conn., and has a Bachelor of Arts degree in Media Studies from Sacred Heart University in Fairfield, Connecticut. She has a background in Multimedia Journalism that includes writing, photojournalism, video editing and video production. She has worked for Hearst Corp as a reporter, CTTeens writing adviser, and as a page designer and copy editor for the Connecticut Post and its sister publications. She has also worked as a substitute teacher for the Waterbury Public Schools. Mrs. Rasmussen is excited to be working with the Norwalk student community and looking forward to bringing a fresh look to the NHA newsletters and its social media websites.

**NHA Visits Hall of Science**

NHA students had an exciting field trip full of learning activities to the New York Hall of Science in Queens, New York. The New York Hall of Science presents exhibits, demonstrations, and workshops that explain science, technology, engineering, and math in a fun, friendly manner. Students were challenged to create a roller coaster with specific materials and then had to test it out by using golf balls and marbles. A highlight of the museum that students really enjoyed was the light exhibit. Students explored how humans perceive color and light. The Mirror exhibit was another accentuated point of interest for the students. For more information regarding STEM programming for your child contact Sheiree Powell, NHA Science and Math Coordinator at 203-939-1018.

**Recycle NHA books to give another child the chance to read**

NHA requests your help in the recycling of books picked up from the main office. Like a book? Bring it home, read it and then please bring it back and put it in the recycling bin so another child has the chance to read it, too! The “Recycle a Book” cart is in the front lobby of the main office at 24 ½ Monroe Street, Norwalk, CT 06854.